

The Southwester

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September 2006

Circulation 10,000

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Published by The Southwest Neighborhood Assembly, Inc. —a 501(c) (3) charitable and educational corporation. Contact us at 202-554-8560 or thesouthwester@yahoo.com

Candidate Forum at Arena Stage

Two brisk debates took place at Arena Stage's Kreeger Theater Aug. 14 as ANC6D and SWNA gathered the candidates for Mayor and those vying for Ward 6 Council separately on the stage to answer questions from a panel.

Pictured, left to right, are candidates for Mayor: Michael Brown, Linda Cropp, Arlee J. Milligan, Jr., Marie Johns, Vincent Orange, "Faith," and Adrian Fenty.



Disaster Training Starts On "9/11" Anniversary

Two evenings each week for two weeks in Sep. SW residents will get solid information of how families and the community must prepare to keep emergencies from becoming disasters.

From 7 pm to 10 pm on each of those four evenings - Mon. Sep. 11, Thurs. Sep. 14, Tues. Sep. 19 and Thurs. Sep. 21 - professionals will give guidance on fire safety, first aid, organizing within residences and within the neighborhood. You'll learn what should be kept in each car trunk and each home to meet emergencies or evacuations.

At a meeting of the Southwest Neighborhood Assembly 25 people signed up for the training. Others are welcome as walk-ins. Refreshments will be served.

For information or to reregister for the

Continued on Page 5



Arena Stage's Kreeger Theater.



Pictured, left to right, Will Cobb, Tommy ????

Two Finalists For Waterfront



The Anacostia Waterfront Corporation has narrowed the field of developers being considered for redoing the SW Waterfront from 5 to 2.

Chosen are Madison Marquette/KSI Waterfront Partners and PN Hoffman/Struever Bros.

All five made presentations to an overflow audience at Southeastern University recently.

Adrian Washington, President of the Anacostia Waterfront Corporation introduced the discussion of the five candidates vying to redo the Southwest Waterfront.

You Can Receive Alert Messages

Anyone can sign up to receive "text alert messages" on cell phones, pagers, Blackberry or email. The District's Emergency Information Center www.emergencycenter.dc.gov will take your information by email. Register under "New User", giving your name, email address or mobile number, etc.

During the Aug. heat wave, messages were sent out about the heat emergency. You will be alerted of severe storms approaching, or other emergencies.

SEU Roasts Mayor Oct. 18

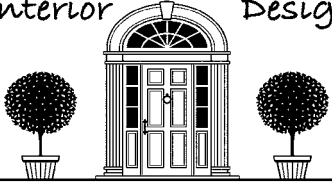
The annual auction and dinner by Southeastern University will be held at the Marriott Wardman Park Hotel on Woodley Rd, NW, Wed. Oct. 18 at 6 pm.

It is billed as a "Roast" for retiring DC Mayor Anthony Williams. Single tickets are \$250. Check the university's website www.seu.edu.

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Christ United Methodist Bible Study Weds

Weekly bible study will be held Weds. At 6:30 pm at Christ United Methodist Church, 4th & I (Eye) St. SW. Entrance on I St. SW

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Southwest Community Calendar August 21 - September 13, 2006

MON. AUG. 21 Seventh Grade orientation at Jefferson Jr. High, 7th & H St. SW, 8 am

TUES. AUG. 22 Eighth Grade orientation at Jefferson Jr. High, 7th & H St. SW, 8:30 pm.

WED. AUG. 23 Back to School Fair, Police Hdqtrs, 4th & E St. SW, 11 am to 3 pm.

THURS. AUG. 24 Chamber Music concert, St. Augustine Church, 6th & Maine Ave. SW, 7:30 pm

NO SWNA MEETING IN AUG.

MON. AUG. 28 First Day of Public Schools in DC

TUES. AUG. 29 First Day of Public Schools in DC

MON. SEP. 4 Labor Day Holiday

PM. SEP. 11 Disaster training starts at St. Augustin Church, 6th & N+Maine Ave. SW, 7 pm

MON. SEP. 11 ANC 6D meeting open to the public, 65 I (Eye) St. SW, 7 pm

TUES. SEP. 12 Primary Election Day in DC.

WED. SEP. 13 Parents of new students reception, Wilson High, Chesapeake Ave. NW & 40th St. NW (Tenleytown Metro). 6 pm; Followed by PTSA meeting in the school library, 7 pm

WEEKLY, BI-WEEKLY

KOMEN TOASTMASTERS – First & Third Sat., S.W. Library, 10 am.

FIL-AM TOASTMASTERS – Second & Fourth Wed., S.W. Library, 6:15 pm

SCHOOL ST. TOASTMASTERS – Every Tues., 400 Virginia Ave. S.W., Room 488 – noon

WASHINGTON STAMP COLLECTORS Club – First & Third Wed., Christ United Methodist Church, 300 block of I (Eye) St. S.W., 7 pm 202-291-6229

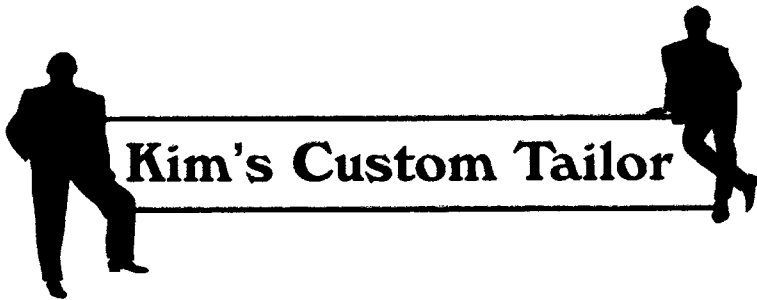
S.W. KIWANIS – First & Third Mon., Christ United Methodist Church, 4th & I St. S.W., 6:30 pm to 7:30 pm

NEW SOUTHWEST TOASTMASTERS – Every Wed. GSA Bldg – 7th & D St. S.W., Room 5009 (inside cafeteria), noon.

LABYRINTH WALK – First & Third Wed., Westminster Church, 4th & I St., SW, 7 pm

Please submit calendar items for the next issue by Wed., September 6.

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Email text to:

thesouthwester@yahoo.com

Dale MacIver & Carole Early, *Joint Editors*

Lida Churchville, Thelma Jones,

Robert Marshall and Ron McBee, *Writers*

Alvin Hudgens, *Sports Writer*

Electronic Ink, *Publication Production*

Herbert Holmes, *Production Assistant*

Email your stories and ads by **Wed., September 6**

to *The Southwester* at thesouthwester@yahoo.com.

Printing by Silver Communications Corp.

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Ad deadline *Wed., September 6*

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New President for SW Kiwanis

Howard Johnson will be the new president of the Kiwanis Club of Southwest Waterfront, replacing Willie Robinson, founding president and three-year president of the group.

The group meets the first Mon. of the month from 6:30 pm to 7:30 pm at Christ United Methodist Church, 4th & I (Eye) St. SW.

Chamber Music Thurs., August 24

Handel's Water Music, Schubert's "Auf dem Strom," Bizet's "Pearl Fishers" duet and more on the program of the Southwest Chamber Music Players concert, Thurs. Aug. 24 at 7:30 pm at St. Augustine Episcopal Church, Sixth St. & Maine Ave. SW.

Sopranos Marcia D'Angelo, Rosemarie Houghton and Joynce Bouvier; Tenor John Turner and Basses Jonathan Ward and Bruce Crane are featured, backed up by Gwyn Jones, flute; Emily Toll, cello; Mariana Lima, horn and David Ehrlich, piano. Free but donations to cover mailings appreciated.

Mandala and Labyrinth Workshop Sept. 20

By Rev. Ruth Hamilton

[Ed. Note: A mandala is a diagram used as a focus and guide for meditation]

"Circling the Soul: The Art of Making Mandalas and Walking the Labyrinth" is the free workshop which will be held at Westminster Presbyterian Church in conjunction with the monthly labyrinth walk on Wednesday, September 20, 7-8 p.m.

The workshop will be led by Stephen McDonnell, a psychotherapist and regular labyrinth walker.

Among his other inner work processes, McDonnell recently completed 100 mandalas in 100 days.

He will discuss the process of creating mandalas. Some of his hundred will be on exhibit.

An optional potluck will precede the workshop at 6:00 p.m.

The labyrinth will be open for walks until 9 p.m. The Church is located at 400 I Street, SW (4th and I) one block north of Waterfront Metro. 202-484-7700, <http://www.westminsterdc.org>

For more info: Stephen McDonnell, LICSW 202-714-1811 <http://www.stephenmcdonnell.com>



Discussion Group Winds Down

"Pandemics and National Security" is the final of eight topics for 2006 a SW discussion group will cover at its meeting in September. Brenda McCaskill will lead the discussion.

In a few months a new list of "Great Decisions" foreign policy topics will be issued by the Foreign Policy Association in NYC and the SW group will accept new members for the 2007 discussions. The FPA puts out a new 100 page guide each year.

Thousands of groups across the country follow the guide. Over 30,000 opinion ballots for individual topics are turned in to FPA each year.

For information contact SW's Coralee Farlee, 202-

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Southwest Open House at Arena Stage

By Ashley Forman

The Southwest Open House will take place on Mon. Aug. 28 from 6 pm to 8 pm in Arena Stage's Fichandler lobby [1101 6th St. SW]. Admission is free.

Come enjoy excellent refreshments, good company and hear about the latest Arena programming for the 06-07 season.

If you have any questions regarding this event, feel free to call me at (202)234-5782 or e-mail me at aforman@arenastage.org.

Braids etc.

By Thelma Jones

Braids & Styles Unlimited has relocated to the upper level of Ann's Beauty Supply & Wigs located at 125 L Street, SE (Navy Yard Subway Stop – New Jersey Avenue exit). Offering full service for hair and nails, including weaves, manicures and pedicures, Braids & Styles Unlimited is open Monday through Saturday from 8 am to 8 pm. Appointments and walk-ins are accepted. For appointments, call (202) 479-0088 or visit www.braidsunlimited.net. Braider/Stylist Christine prides herself on braiding with speed and excellence. So stop by and get a new look from head to toe, and while you're in the area, visit Ann's and see her new collection of Goddess hair by Remi for braids and tracks.

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Public Comes to Police Cook-outs

By Irv Gamza and John McGrath

More than two hundred adults and children attended a cook-out on the waterfront promenade near the Harbor Police pier on Thurs. July 20 between 5 pm and 8 pm. They enjoyed hot dogs, hamburgers, shrimp, buffalo wings, salads and beverages. The children remained occupied on a climbing wall and a jungle gym and were thrilled watching a police fire boat demonstrating how it extinguishes fires with streams of water.



A hamburger cook was on hand for a police picnic at First District headquarters, E and 4th St. S.W.



Kids tried scaling a wall while wearing safety belts.

The area is tree-lined, with grassy spots and benches, where good food and good music could be enjoyed with family, friends and neighbors.

The cook-out was planned and organized by Metropolitan Police First District Commander Diane Groomes, Police Service Area 104 (mostly Near SW) Lt. Juanita

Mitchell and Officer Melissa Bracey. The Master Chef at the grill was Officer Nikitakis and the photographer was Officer Glover. Other officers served on the food line. Food and funds were provided by H2O, Arena Stage, Zanzibar, Phillips and Jenny's.

Comments from community and police participants – including Master Patrol Officer Maurice "Mo" Thompson, stressed the positive effect the event had on community/police relations and in making Southwest a safer, more peaceful area. All officers involved in this event should be congratulated.



Food was served by police and volunteers along the Promenade near Tiber Island and Harbour Square, above.

At another cookout a keyboard artist and hamburger cook were on hand for a police picnic at First District headquarters, E and 4th St. S.W.



Kojo Nnamdi at Arena Stage

A chance to have your comments taped for later broadcast on WAMU88.5FM drew a crowd to Arena Stage's Kreeger Theatre late in July.

Kojo Nnamdi, popular radio and TV commentator and host of interview shows, held the mike, asked some of the questions of members of the audience and referred some questions to a panel on the

stage.

The first hour of taping was on the Southwest neighborhood – its problems and future. The second hour was on the election campaigns.

Kojo travels to different neighborhoods, taping a series called Kojo in Your Community.



Thelma Jones, left, former president of SWNA, was on a two-member panel for the discussion of Southwest neighborhood issues.



Kojo Nnamdi, host of Kojo in Your Neighborhood for WAMU 88.5 FM.



SWNA Secretary Meg Brinckman and History Task Force co-chair Ron McBee at the Kojo taping.



Kojo Nnamdi holds the mike to receive a statement by SWISE ANC 6D chair Andy Litsky.

Many in DC Lack Access to Affordable, Healthy Food

A study released in D.C. this summer showed that healthy food is nowhere nearly as available and affordable in lower income neighborhoods as in better off neighborhoods.

Full line grocery stores are concentrated West of Rock Creek Park, while east of the Anacostia there are few. Of the 305 convenience stores selling food in DC and contacted by George Washington University students, half did not sell fresh produce at all. A sample of 5 corner markets found that 3 out of 5 did not sell chicken, 2 out of 5 did not sell oatmeal, kidney beans, green peas and bananas and 80% did not sell or stock oranges and lettuce.

The report recommends that "owners and operators of convenience and corner markets should work in coalition to use their collective buying power to purchase healthier food such as fruits and vegetables from large wholesale companies or local farmers' associations." It also recommends the DC Government should give tax-incentives to carry-outs with menu items meeting nutrition guidelines.

The report cites the experience of ten convenience stores in Philadelphia that formed a partnership to promote healthier food in the stores.

It claims that 68,000 residents of DC, including 35,000 children are in danger of living with hunger.

The July 6 report is located at www.dchunger.org.

Training

cont'd from Page 1

classes contact Beryl Rice 554-4235, or Meg Brinckman 554-2259.

Volunteers completing the training will receive an emergency supply kit.

Assembling An Emergency Supply Kit

One feature of the Disaster Training sessions starting at St. Augustine Church on Mon. evening Sep. 11 is the need to assemble and store at home and in your

car disaster supply kits.

The manual being given to each person in the training program lists two dozen items for first aid kits. Similar lists remind you to gather in one place tools and supplies, sanitation items, clothing and bedding, household documents and contact numbers and special items for babies and adults.

Asterisks are used to indicate which items will be needed for sudden evacuation and which are for longer term "Shelter-in-place."

The American Red Cross has similar lists available.

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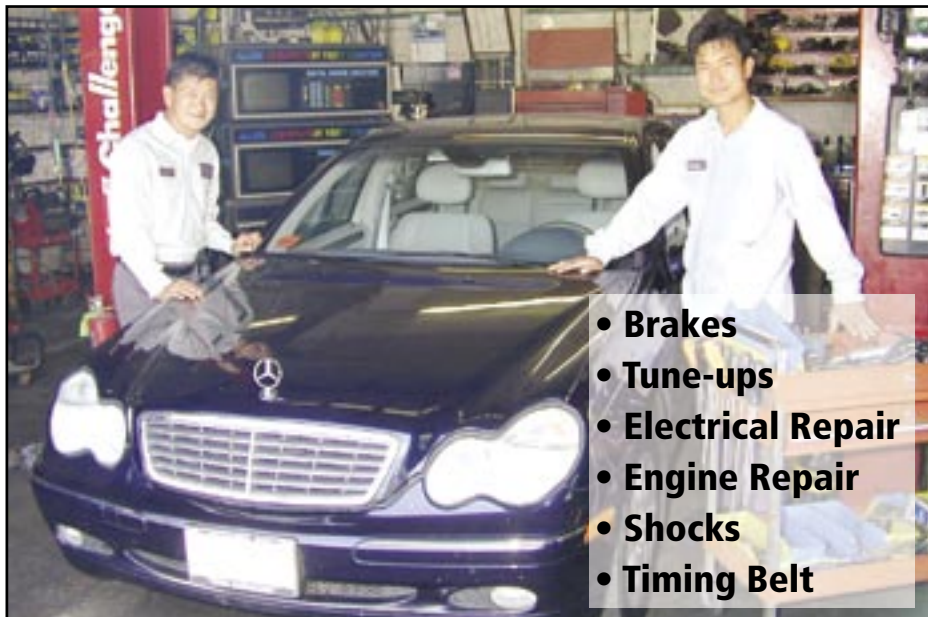
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Aug. 26 School Cleanup Day

DC public schools are staging a citywide cleanup and 'spruce-up' at all school on Sat. Aug. 26 from 8 am to 1 pm. Volunteers are invited to come to sweep, mulch, paint, plant flowers, pick up trash and help the schools in preparation for students returning to class two days later, Mon. Aug. 28.



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Community Health Fair Returns Oct. 7

Food, health tests and information will be the staples at a return Sat. Oct. 7 from 11 am to 4 pm of the Health Fair at King Greenleaf Rec Center that was so successful last year.

Trailers and booths will line Delaware Ave again near N St. S.W. and on the Rec. Center pavement to give information and screening on diabetes, high blood pressure, cholesterol, vision, dental, foot problems, immunization and weight advice. Booths will cover financial empowerment, home ownership, insurance information, careers in the health care field for SW and SE

residents, and technology.

Kiddy rides, on-stage performances and delicious and healthy food will be on the program.

Sponsors are the Georgetown KIDS Mobile Medical Clinic and the SWWRC (South Washington/West of the River Family Strengthening Collaborative). This year's theme is "Healthcare on Wheels." For information and how to participate call Tamitha Christian at (202) 488-7997, Extension 16 or Email her at tchristian@swfc.org.



Scenes from last year's Health Fair on the street and at King Greenleaf Rec.



To Residents, Workers, Businesses, Organizations -

To ALL of our Neighbors in Southwest DC:

Please Help in Supporting Neighborhood Youth, Social Services, and Cultural Activities & Programs in SW DC By Making a Donation to **River Park Friends**

River Park Friends' (RPF) mission is to enhance, promote, support and supplement community development, educational, and charitable activities in Southwest Washington DC. Program areas assisted in the past include: **Community Development:** enhancement of the neighborhood's physical environment, beauty, and public safety; **Educational:** academic scholarships for area students, stipends for children to attend summer camps and theater classes, promotion of Southwest neighborhood history, environmental study of our rivers with youth participants; **Charitable:** support for senior residents, such as home health care, homemaker and shopping services, purchases of uniforms for local little league sports, and support for families of women in prison.

Consider being a part of RPF's efforts to reach out to our SW community: Your support is essential ... is much appreciated ... & makes a difference! Please send a donation of any amount by check to: **River Park Friends c/o Coralie Farlee, President, 389 O Street, SW, Washington, DC 20024**

RPF is designated by the US IRS as a 501 (c) (3) charitable organization and donations are tax-deductible. Please include your name and address when sending in your donation so that RPF can acknowledge by mail your kind gift. For more info about RPF please call Coralie Farlee at 202-554-4407

Above invitation to play a role in community enrichment in SW DC is sponsored by real estate agents Cathy Cormack and Rob Gabany of Coldwell Banker Residential Properties.

Jefferson Jr. Orientation Aug. 21, 22

Seventh Graders and their parents will meet the principal, teachers and staff at a special orientation on Mon. Aug. 21 from 8 am to 11 am, the week before school starts.

A special orientation for Eighth and Ninth Graders and their parents will be held the next day, Tues., Aug. 22 from 8:30 am to 11 am.

Principal Maa's invitation states that he will discuss expectations, policies, and procedures as well as uniform policy,

attendance policy, values code and the incentive program. Tours of the school will be held. The Bell schedule and Home-room logistics will be explained.

All parents will be able to talk with administrators and staff at the end of the program and while students are doing other things.

The school telephone number is 724-4881. Ms. Germanie Brown is coordinator for the programs. Dr. Kevin Harris and Craig Jackson are assistant principals.

Field Hockey For Girls

Every Sat. from 10 am to 1 pm girls ages 10 to 14 can be seen learning field hockey at King Greenleaf Recreation field, Delaware and Canal St. N.W. No playing experience is necessary. Snacks are provided. There is no cost. Teams will compete with others.

Girls without any playing experience are being taught the fundamentals of the game and can expect to play games with teams from other recreation centers. A boys and coed team is also on the drawing board.

Ann Hayward has supplied this information to The Southwester: "Once a staple of the athletic offerings within the DC Public School system, field hockey is currently played in the public schools in almost all area public school districts with the exception of the District of Columbia and PG County. Many of the private and parochial schools in DC, however, do participate in the sport through the Independent School League and the Washington Catholic Athletic Association, and several private, fee-paid club teams in the area."

She adds "Volunteers or youngsters interested in participating should contact the King-Greenleaf Recreation Center in SW, or Healthy DC Foundation, Inc. at (202)289-6980."

To register call 202-289-6980.

Wilson High Schedule

Wilson High's Guidance Dept. has alerted parents of the 175 SW students at Wilson to important dates early in the new school year. New juniors are told of the importance of taking the SAT test on Oct. 11. Besides good practice for the SAT college entrance test later, it can qualify students for merit scholarships.

SAT tests for seniors in the fall will be held on three Saturdays – Oct. 14, Nov. 4, and Dec. 2. Deadlines for signing up for these tests are usually weeks in advance.

The Parent-Teacher-Student Association (PTSA) reminds new parents of a reception for new parents at 6 pm Wed. Sep. 14, followed by the first PTSA meeting at 7 pm in the library.

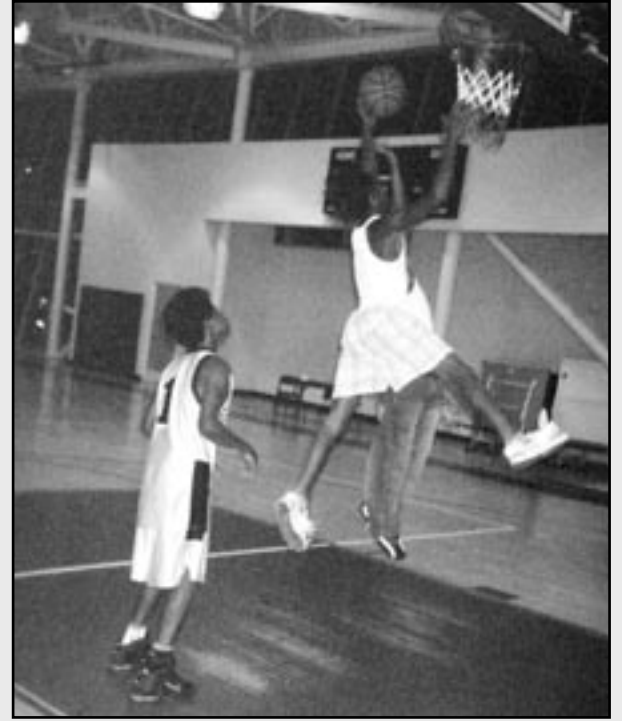
"Back to school" night, when parents visit all classrooms and talks to the teachers on a student's schedule, is Wed. Sep. 27 at 7 pm, starting in the auditorium.

Rec Center Open Till 12M & on Sun. Thru Aug. 30

King Greenleaf Rec Center at First and N St. SW is one of ten DC recreation centers staying open till midnight in August and one of seven open Sundays from noon to 8 pm through Aug. 30.

With the new curfew for youth ages 16 and under set at 10 pm, the DC Dept. of Parks & Recreation opened its doors at several centers on Sundays and until midnight all week.

Passes were available to allow youth to stay out beyond 10 pm.



Basketball in air conditioned comfort was a favorite activity at King Greenleaf Rec Center during the recent heat wave and extended hours.

DC Agencies Clean Up Alleys, Tow Abandoned Cars

Agencies of the DC government joined up recently to clean alleys, tow abandoned cars and make health inspections in the Syphax, James Creek area of SW after an increase in violent crime in the area. Under the leadership of Police Lt. Juanita Mitchell and Bernice Bush of Neighborhood Service, health and food inspectors from the DC Dept. of Health, and city workers from the Solid Waste Education and Enforcement Division, the Fire Marshall and the Depts. of Mental Health and Public Works spent the day enforcing "quality of life" laws.



The DC Dept. of Public Works tows away an abandoned van on Q St. SW.

Summer "Bridge" Program At Wilson HS



Some of the students from Southwest attending the "Bridge" program at Wilson High during the summer posed for the camera for The Southwester. Former Southwest Branch Librarian Greg Bargeman, now on the faculty at Wilson, was in charge of the summer program.

“Heads Up” Program At Bowen School



On the final day of the summer Heads Up program at Bowen School in SW children from Amidon and Bowen Schools were treated to a Hawaiian Luau. Each child was given a lei – a wreath of flowers - to wear around their necks, and lined u on the floor for instructions. Counselors from Howard University wore large straw hats. Children posed for photos with their heads above a

big cutout of an Hawaiian costume. Tanetta Isler has supplied The Southwester this information on the summer HeadsUp program at Bowen: “This summer, Ms. Teressa Bowman’s “Bowen Bankers,” rising third graders learned about the importance of earning, saving, and giving money. The class’s Project Community Experience involved a series of integrated lessons on financial

literacy and community involvement. The “Bankers” practiced money management by saving money and depositing money into the class’s ATM. Ms. Bowman motivated the class, requiring them to “use good sense” by “following directions”, “thinking hard,” or “doing their best.” Ms Isler continued, “Students read books about money. In addition to reading about money, the students toured the Waterfront Mall Bank of America branch. Ms. Bowman led the class in a discussion to select a community-based organization to donate their money raised from saving. The class chose Feed the Children, a long-standing international non-profit organization with a mission of delivering the essentials to families in need. The class will donate more than \$47 to feed seven children in the Feed the Children program.”

Public Schools Have Emergency Plans

Individual schools in the DC Public School System have plans for emergencies. Two things they stress is that during school hours children will be cared for. Ready-to-Eat meals are available if the emergency requires “Shelter-in-Place. The second thing is “Do not telephone the school.” Telephone lines may be needed for emergency communications.

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SW's Own Jazzman Returns for SWNA Benefit

By Ron McBee

On July 16th the Southwest Neighborhood Assembly (SWNA) held it's first ever Jazz Benefit Concert at Westminster Presbyterian Church with over 150 people in attendance.

It proved that you can go home again – with much love and appreciation. It was an extraordinary event celebrating with saxophonist Benjamin Sands and the SW community his music, his family, and his love for SW where he grew up living at Channel Square off 4th Street SW. Ben was one of the first SW scholarship recipients and provided an afternoon of melodic and foot moving music which included his own compositions and arrangements.



Left to right, Bill Brawner, SWNA board member; Meg Brinckman, SWNA secretary; Ron McBee, SWNA board member, Rev. Brian Hamilton, originator of Friday Night Jazz in SW.



Above, the Ben Sands Ensemble.

Below left, jazz enthusiasts liked the buffet, too.

Below, the concert was held in the church sanctuary.



Thelma Jones interviewed Ben Sands during intermission.

His artistry of the saxophone was a delight to behold and listen to as he and his band filled the air with magical sounds that pulled us into one group waiting and listening for the next note.

Marge Maceda, President of SWNA, welcomed Ben and his family back to SW. Thelma Jones served as the host and one of the highlights was an interview with Benjamin. We learned of Ben's acting experience at Arena Stage and how his mother taught James Earl Jones, starring in the Great White Hope at the time, how to dance the cake walk.

We also learned of Ben's jazz experience at Howard University where he graduated. Ben is not only a musician and composer but also an educator. He has taught in the DC schools for over 20 years and is very proud that four of his students have gone on to become band directors in District high schools. Ben is the Director of Calvin Coolidge High School's Marching Band, Flag Corps, Dance Team, and Jazz Band. Ben also shared his recent endeavor to produce beautiful acrylic art pieces moved by his desire to understand the creative mind. Ben's greatest love is his two children who were there to celebrate with their father.

The event, netted approximately \$4000 for SWNA to carry on its mission of making SW a better place for all its residents. Great gratitude is extended to Bill Brawn-

er, chair of the event and his committee as well as the sponsors, many who made it possible for less fortunate neighbors to attend. The sponsors included Westminster Presbyterian Church; Thelma D. Jones; William "Bill" Brawner; Robert "Bob" Siegel; International Monetary Fund; Jeffrey Charles Assoc.; Hill Rag.



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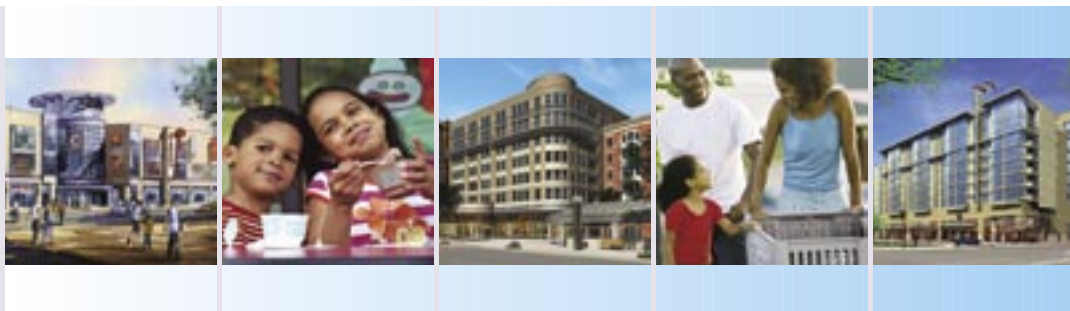
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